



THE LEARNING INSTITUTE

MIND-BODY
WELLNESS
SERIES

2023-2024 WORKSHOP CALENDAR

Thursday, August 17, 2023 | 3:15- 4:15 p.m.

Obesity: Adult Weight Management

Presented by Blue Shield

Thursday, August 31, 2023 | 3:15- 4:15 p.m.

Supporting Your Kids: Identifying and Addressing Signs of Stress

Presented by Health Advocate

Thursday, September 7, 2023 | 3:30-4:30 p.m.

Preparing Healthy Meals and Dining Out

Presented by Kaiser Permanente

Thursday, September 28, 2023 | 3:30-4:30 p.m.

Working Well with Different Personality Styles

Presented by Health Advocate

Thursday, October 19, 2023 | 3:00-4:00 p.m.

The Keys to Diabetes Prevention

Presented by Kaiser Permanente

Thursday, November 9, 2023 | 3:30-4:30 p.m.

Healthy Celebrations

Presented by Kaiser Permanente

Thursday, December 7, 2023 | 11:30 a.m.-12:00 p.m.

Strengthen & Stretch at Your Desk

Presented by Kaiser Permanente

Tuesday, December 12, 2023 | 3:15- 4:15 p.m.

Communication Improved: Conflict Resolution

Presented by Health Advocate

Thursday, January 11, 2024 | 11:30 a.m.-12:00 p.m.

Refresh, Renew and Repair Yoga

Presented by Kaiser Permanente

Tuesday, January 23, 2024 | 3:15- 4:15 p.m.

Mind Your Own Business: Confidentiality, Rumors and Gossip

Presented by Health Advocate

Thursday, February 1, 2024 | 3:00-4:00 p.m.

Taking Care of Your Heart

Presented by Kaiser Permanente

Thursday, March 7, 2024 | 3:30-4:30 p.m.

Dietary Approaches to Stopping Hypertension

Presented by Kaiser Permanente

Thursday, March 14, 2024 | 3:15- 4:15 p.m.

Dreaming of Retirement: A Financial Perspective

Presented by Health Advocate

For more information, email TheLearningInstitute@csjpa.org

Register TODAY at www.csjpa.org/TLI-Register



California Schools JPASM

EMPLOYEE BENEFITS | RISK MANAGEMENT

THE LEARNING INSTITUTE

MIND-BODY
WELLNESS
SERIES

2023-2024 WORKSHOP CALENDAR

Thursday, April 18, 2024 | 3:00-4:00 p.m.

Men's Health

Presented by Kaiser Permanente

Thursday, April 25, 2024

Re-Focus on Retirement

Presented by TBD

Thursday, May 2, 2024 | 3:30-4:30 p.m.

Women's Health

Presented by Kaiser Permanente

For more information, email TheLearningInstitute@csjpa.org

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THE LEARNING INSTITUTE



2023-2024 WORKSHOP CALENDAR

Tuesday, July 18, 2023 | 2:00-3:30 p.m.

Risk Management Roundtable- Deadly Response- Following a Deadly Weapons Event

Presented by Alliant/ CrisisRisk

Tuesday, July 25, 2023 | 8:00 a.m. - 12:00 p.m.

Emergency Operations Training- Lock-down Exercises

Knowledge Saves Lives (KSL)

Thursday, July 27, 2023 | 10:00-11:00 a.m.

Health Advocate Resources-Critical Incident Response and Employee Assistance Program (EAP)

Presented by Health Advocate

Wednesday, September 20, 2023 | 8:00 a.m.- 5:00 p.m.

Behavioral Threat Assessment

Presented by Kevin Smith, JRIC

Tuesday, September 26, 2023 | 9:00 - 11:00 a.m.

Comprehensive School Safety Plan (CSSP) /Safety Committee

Presented by Sherry Colgan

Tuesday, October 10, 2023 | 2:00-3:30 p.m.

Risk Management Roundtable- TBD

Presented by CSRSM

Thursday, January 25, 2024 | 9:00 - 11:00 p.m.

Standardized Management System (SEMS), National Incident Management System (NIMS) and Incident Command System (ICS)

Presented by Sherry Colgan

Tuesday, February 13, 2024 | 2:00-3:30 p.m.

Risk Management Roundtable- TBD

Presented by CSRSM

Tuesday, February 27, 2024 | 10:00- 11:30 a.m.

Title IX

Presented by Kristine Kwong

Tuesday, March 5, 2024 | 8:00 a.m. - 4:00 p.m.

NFPA 70E Lockout-Tagout (National Fire Protection Association)

Presented by Alliant

Tuesday, May 7, 2024 | 2:00-3:30 p.m.

Risk Management Roundtable- TBD

Presented by CSRSM

Tuesday, June 4 and Wednesday June 5, 2024 |

8:00 a.m.- 5:00 p.m.

OSHA 10- Hour - General Industry

Presented by CSRSM

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2023-2024 WORKSHOP CALENDAR

Thursday, July 27, 2023 | 10:00-11:00 a.m.

Health Advocate Resources-Critical Incident Response and EAP

Presented by Health Advocate

Thursday, September 21, 2023 | 10:00-11:00 a.m.

Hiring Best Practices to Prevent Childhood Sexual Assault

Presented by Dennis Popka

Tuesday, September 26, 2023 | 9:00 a.m.- 1:00 p.m.

Comprehensive School Safety Plan (CSSP) / Safety Committee

Presented by Sherry Colgan

Tuesday, October 24, 2023 | 10:00-11:00 a.m.

Claims Made Coverage and Reporting Requirements for Childhood Sexual Assault

Presented by Robert Feldhake

Thursday, October 26, 2023 | 10:00-11:00 a.m.

Avoiding Liability Litigation Traps

Presented by Matthew Soleimanpour, Esq. Soileman, APC

Thursday, November 14, 2023 | 9:00 a.m.- 12:00 p.m.

Grooming Behaviors, Our Obligations and Title IX

Presented by Alexandria Davidson, AALRR

Wednesday, December 6, 2023 | 10:00-11:30 a.m.

Diversity, Equity and Inclusion

Presented by Dr. Cherina Betters, SBCSS

Tuesday, January 30, 2024 | 9:00-11:00 a.m.

ADA/FEHA Disability Compliance: Managing Reasonable Accommodations

Presented by Rachel Shaw

Thursday, February 15, 2024 | 10:00-11:00 a.m.

Claims Made Coverage and Reporting Requirements for Childhood Sexual Assault

Presented by Robert Fedlhake

Tuesday, February 27, 2024 | 10:00-11:00 a.m.

Title IX

Presented by Kristine Kwong

Thursday, February 29, 2024 | 10:00-11:00 a.m.

Hiring Best Practices to Prevent Childhood Sexual Assault

Presented by Dennis Popka



THE LEARNING INSTITUTE

GENERAL
WORKPLACE
SERIES

2023-2024 WORKSHOP CALENDAR

Thursday, July 13, 2023 | 10:00-11:00 a.m.

Workers' Comp Focus Group- The Life of a Claim

Presented by CSRM

Friday, August 18, 2023 | 3:00-4:00 p.m.

Board Member Orientation- Getting to Know the Joint Powers Authority (JPA)

Presented by Teresa Saenz and Javier Gonzales

Friday, September 29, 2023 | 3:00-4:00 p.m.

Board Member Orientation- Duties of Board & Committee Members; Roles and Responsibilities, Staff Interaction

Presented by Lori Rhodes and Jan Gonzales

Thursday, October 19, 2023 | 10:00-11:30 a.m.

Workers' Comp Focus Group- Cal OSHA 300 & BLS

Presented by Alliant

Friday, October 27, 2023 | 3:00-4:00 p.m.

Board Member Orientation- Board & Committee Members- Meeting Protocols and Attributes of High Performing Boards

Presented by Mitch Hovey and Dick Bray

Tuesday, December 5, 2023 | 10:00-11:00 a.m.

Important Things to Know from DWC-I&A

Presented by Sherri Williams

Friday, January 26, 2024 | 3:00-4:00 p.m.

Board Member Orientation- Brown Act Compliance, Public Attendance and Comment, Open-Closed Sessions and Confidentiality

Presented by Dick Bray and Lori Rhodes

Thursday, February 15, 2024 | 10:00-11:00 a.m.

Claims Made Coverage and Reporting Requirements for Childhood Sexual Assault

Presented by Robert Fedlhake

Friday, March 15, 2024 | 3:00-4:00 p.m.

Board Member Orientation- Ethics & Conflicts of Interests: Form 700

Presented by Teresa Saenz and Robert Feldhake, JPA Counsel

Thursday, May 2, 2024 | 10:00 a.m. -12:00 p.m.

Workers' Comp Focus Group-Coordinating Leave Provisions of the Education Code with WC Benefits for K-12 & Higher Education

Presented by Pat Hamblin

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2023-2024 WORKSHOP CALENDAR

Thursday, July 27, 2023 | 10:00- 11:00 a.m.

Health Advocate Resources-Critical Incident Response and Employee Assistance Program (EAP)

Presented by Health Advocate

Wednesday, August 16, 2023 | 3:15-4:15 p.m.

Employee Orientation to the Employee Assistance Program (EAP)

Presented by Health Advocate

Thursday, August 17, 2023 | 3:15- 4:15 p.m.

Obesity: Adult Weight Management

Presented by Blue Shield

Friday, August 18, 2023 | 3:00-4:00 p.m.

Board Member Orientation- Getting to Know the Joint Powers Authority (JPA)

Presented by Teresa Saenz and Javier Gonzales

Tuesday, August 22, 2023 | 10:00- 11:00 a.m.

ACA Budget Wreckers: You Don't Know What You Don't Know

Presented by Geoff Hinton, American Fidelity

Thursday, August 24, 2023 | 3:00 -4:00 p.m.

Blue Shield Programs Overview

Presented by Blue Shield

Thursday, August 31, 2023 | 3:15- 4:15 p.m.

Supporting Your Kids: Identifying and Addressing Signs of Stress

Presented by Health Advocate

Wednesday, September 13, 2023 | 3:30-4:30 p.m.

Planning for Retirement: Navigating Medicare

Presented by Terri Lynn, Kaiser Permanente

Thursday, September 21, 2023 | 3:15-4:15 p.m.

Blue Zones/Power Foods

Presented by Blue Shield

Thursday, September 28, 2023 | 3:30-4:30 p.m.

Working Well with Different Personality Styles

Presented by Health Advocate

Friday, September 29, 2023 | 3:00-4:00 p.m.

Board Member Orientation- Duties of Board & Committee Members; Roles and Responsibilities, Staff Interactions

Presented by Lori Rhodes and Jan Gonzales

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THE LEARNING INSTITUTE



CSEBA
SERIES

2023-2024 WORKSHOP CALENDAR

Tuesday, October 3, 2023 | 10:00 -11:00 a.m.

COBRA Update
Presented by TAG

Friday, October 27, 2023 | 3:00-4:00 p.m.

Board Member Orientation- Board & Committee Members- Meeting Protocols and Attributes of High Performing Boards
Presented by Mitch Hovey and Dick Bray

TBD | TBD

Nutrition and Obesity: Why it's so Hard to Lose Weight and ways to Fight Back Part 1
Presented by Blue Shield

Tuesday, December 12, 2023 | 3:15- 4:15 p.m.

Communication Improved; Conflict Resolution
Presented by Health Advocate

Thursday, December 14, 2023 | 10:00 - 11:00 a.m.

ACA 1095
Presented by American Fidelity

Tuesday, January 23, 2024 | 3:15- 4:15 p.m.

Mind Your Own Business
Presented by Health Advocate

TBD | TBD

Nutrition and Obesity: Why it's so Hard to Lose Weight and ways to Fight Back Part 2
Presented by Blue Shield

TBD | TBD

Nutrition and Obesity: Why it's so Hard to Lose Weight and ways to Fight Back Part 3
Presented by Blue Shield

Friday, January 26, 2024 | 3:00-4:00 p.m.

Board Member Orientation- Brown Act Compliance, Public Attendance and Comment, Open-Closed Sessions & Confidentiality
Presented by Dick Bray and Lori Rhodes

Wednesday, January 28, 2024 | 3:30-4:30 p.m.

Coping with Grief and Loss
Presented by Health Advocate

Wednesday, February 28, 2024 | 3:30-4:30 p.m.

Planning for Retirement: Navigating Medicare
Presented by Terri Lynn, Kaiser Permanente

Friday, March 15, 2024 | 3:00-4:00 p.m.

Board Member Orientation- Ethics & Conflicts of Interests: Form 700
Presented by Teresa Saenz and Robert Feldhake, JPA Counsel

Wednesday, April 17, 2024 | 3:30-4:30 p.m.

Planning for Retirement: Navigating Medicare
Presented by Terri Lynn, Kaiser Permanente

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