



# San Bernardino County Superintendent of Schools

*Transforming lives through education*

Ted Alejandre  
County Superintendent

## Memo

**January 13, 2022**

**TO: ALL EMPLOYEES**

**FROM: JOE SANCHEZ, ARM-P, CSRM, DIRECTOR  
RISK MANAGEMENT SERVICES**

**SUBJECT: UPDATED COVID-19 QUARANTINE GUIDANCE**

On December 16, 2021, the California Occupational Health and Safety Board (Cal/OSHA) updated the quarantine and return to work requirements under the COVID-19 Emergency Temporary Standards (ETS). These changes will become effective January 14, 2022.

The updated ETS shortens the timeframe for quarantine of positive COVID-19 cases from 10 days to 5 days as long as specific criteria are met. There is also a new requirement for asymptomatic, vaccinated employees who are eligible for, but have not yet obtained a booster, to obtain a negative test 3-5 days after a close contact with a COVID-19 case in order to avoid quarantine.

The San Bernardino County Superintendent of Schools (SBCSS) has updated our *COVID 19 EZ Sheet* guidance documents to reflect the changes in the regulations. Due to the expiration of COVID-19 Supplemental Paid Sick Leave on September 30, 2021, the ETS states that employers may use employer provided sick leave for employees who may have been excluded from the workplace due to a quarantine requirement resulting from exposure to a COVID-19 case at work. If no sick leave is available, the employee will still receive their regular wages during the quarantine period as outlined by ETS as Exclusion Pay under [Title 8, 3205 \(c\)\(9\)\(C\)](#).

On January 12, 2022, The California Department of Public Health (CDPH) has also updated their quarantine guidance for students who test positive for COVID-19 or come into close contact with someone who is positive for COVID-19. The guidance documents have been updated to reflect those changes as well.

If you have any questions regarding the new Cal/OSHA regulations, please contact Risk Management at (909)386-9670.